

Cell Phone on internet contract:

I am aware that owning a cell phone is a privilege. This is for my safety, and not because my parents do not trust me. (They don't trust the rest of the world.) If I feel scared, concerned or I am asked to do something I think is wrong, or unsafe or if I have broken any of these rules I promise I will come and talk to my parents or our agreed upon 'safe' adult and that I can come and talk to them without fear of judgment or ridicule. **Initials** ____ **Parent's Initials** ____

I agree to setting up one or two more 'safe' adults that both my parent(s) and or caregiver(s) agree upon. **Initials** ____ Other Safe adults name(s) _____

- ✓ I will not give out my phone number to anyone over the internet. **Initials** ____
- ✓ I will not do anything that may put me or my family in a difficult situation and or face legal issues, like sending or receiving obscene pictures **Initials** ____
- ✓ I will not search for any inappropriate content or any other information that I would not want my grandma to know about. **Initials** ____
- ✓ I will let my parent know asap of any suspicious or concerning calls or texts from people, in particular those that I do not know. **Initials** ____
- ✓ I will not assume that someone is who they say they are, and if they send something inappropriate, I will inform my parents immediately **Initials** ____
- ✓ I will inform my parents if I am being harassed or bullied **Initials** ____
- ✓ I will not add anyone to my contact list without letting my parents know. **Initials** ____
- ✓ My parents have the right to ask to see my phone for my safety. **Initials** ____
- ✓ My family will always have my passwords, and I will inform them if I change it. **Initials** ____

- ✓ I will leave apps my parents installed, such as GPS on at all times. **Initials** ____
- ✓ I will tell you where I am, who I am going with. **Initials** ____
- ✓ I will not install any apps without permission. **Initials** ____
- ✓ I will hand over my phone at ____ pm will get it back at ____ am **Initials** ____
- ✓ I will not call or text anyone before __ am or after __ pm unless there is an emergency. **Initials** ____
- ✓ I will never take, send, or post anyone's pictures, contact information without consent from that person. **Initials** ____
- ✓ I will not have my phone or computer on behind closed doors **Initials** ____
- ✓ I will not have any social media of any kind. **Initials** ____

Parent/Caregiver name: _____ Date: _____

Child's name: _____ Date: _____

This is provided from ParentWithPurpose.ca.

Disclaimer: This contract will not guarantee that your child will not misuse the cell phone or that they will follow these rules, This is just a form to start those very important conversations and to help you and your child committee to each other to do everything you can to stay safe. Please email us at parentwithpurpose.ca@gmail.com if you have any suggestions that should be used on this contract.